

# ANNUAL

# REPORT

steamboat springs  
teen council  
giving teens a voice

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2013-2014

AT A GLANCE

18

members

20

meetings

7

fun events

7

teens of the month



2013-2014 Teen Council members welcome the 2014-2015 new members at the annual end of the year BBQ!



## 2013-2014 TEEN COUNCIL ROSTER

From Top Left:

**SENIORS:** *Malia Fraioli* (4th year on council), *Olivia Rudolph* (3rd year on council), *Kayla Guettich* (3rd year on council), *Danny Kramer* (2nd year on council), *Michael Wong* (2nd year on council), *Amaris Duryea* (2nd year on council), *Jesse Laughlin* (1st year on council) and *Bailey Pugh* (1st year on council)

**JUNIORS:** *Laura Barron* (3rd year on council), *Corbin Brundridge* (2nd year on council), *Thania Nuñez* (2nd year on council), *Norma Techarukpong* (1st year on council), *Becca Alfone* (1st year on council) and *Mariah Hoots* (1st year on council)

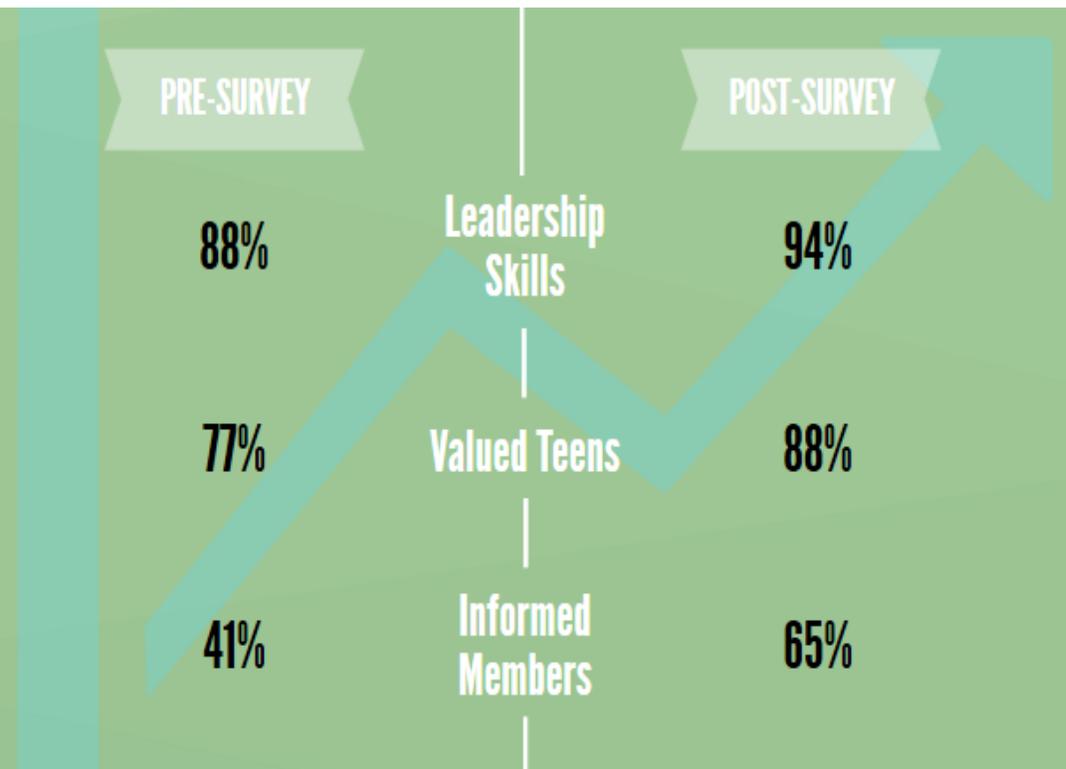
**SOPHOMORES:** *Brittney Starks* (1st year on council)

**FRESHMAN:** *Web Barron* (1st year on council), *Hunter Brundridge* (1st year on council) and *Maddy Larson* (1st year on council)

Adult Coordinators: *Kate Elkins* (Grand Futures of Routt County) and *Kate Warnke* (Steamboat Springs Parks, Open Space & Recreation).

# SURVEY SAYS...

Teen Council members were asked to complete an identical survey at the start and at the end of the program. The pre and post surveys allow coordinators to assess youth attitudes and behaviors related to alcohol and drug-use in the community, as well as view effectiveness of the Teen Council program.



Contact us for full pre and post survey results!

In the 2013-2014 school year, members who completed the Teen Council program improved their overall leadership skills:

- + 94% of members strongly agreed or agreed that they have strong overall leadership skills at the end of the program, as compared to 88% in the pre-survey

Additionally, members were asked if teens are valued in their community:

- + 88% of members strongly agreed or agreed that teens are valued at the end of the program, as compared to 77% in the pre-survey

Lastly, members also reported an increase in their knowledge of community issues:

- + 65% of members strongly agreed or agreed that they feel informed about community issues at the end of the program, as compared to just 41% in the pre-survey

## GOOD THINGS (ACCOMPLISHMENTS)

The 2013-14 school year was busy and productive for the Steamboat Springs Teen Council. One of the major projects for members was the creation of a social norming media campaign that lives on Instagram. The campaign, [#bettermeyv](#), encourages middle and high school students that live in the Yampa Valley to post photos of themselves and their friends doing the things they love to do, things that inspire them, and things that are healthy and positive. Council members guided Grand Futures and Northwest Colorado Visiting Nurse Association staff in how to set-up the campaign, what to post, and overall design of the project. In addition, teens promoted the campaign through passing out flyer and swag and through word of mouth. Check out [@bettermeyv](#) on Instagram to learn more!

Also this year, the Teen Council provided feedback and direction to several businesses and non-profits looking for the “youth voice”. These groups included: *The Imagine Project, Colorado Meth Project, Al Anon for Teens, Reaching Everyone Preventing Suicide, Rocky Mountain Youth Corps, Community Cultivation, and Selah Steamboat*. Groups are always welcome to attend teen council meetings to present their youth-focused idea or project. Each organization who presented learned a lot from our member’s advice and comments.

Yet another highlight from this year, is the outstanding contribution that teen council members made at the **Northwest Colorado Rural Philanthropy Days** in Winter Park, Colorado. Teen members presented their Slackline Park project to 7 other youth groups from across Northwest Colorado in the conference’s “Youth Tracks” program. The teens discuss the development of the Slackline project, challenges encountered, and lessons learned. Furthermore, the teens who attended also presented new solutions for teen health and wellness in front of over 200 adult conference attendees. This was a great opportunity for all!



Teen Council worked hard this year to promote a social norming campaign, called [#bettermeyv](#)!

# THANK YOU TO OUR FUNDERS AND DONORS!



## ABOUT

The mission of the Steamboat Springs Teen Council is to demonstrate that teens are valuable assets and are caring members of the community who are committed to education, health and wellness, the environment and service. As a channel and resource for all teens, we strive to open lines of communication and provide common ground for teens and adults. **Our vision is simple, a community where teens have a voice and are valued as resources.**

Steamboat Springs Teen Council is a collaboration between the City of Steamboat Springs and Grand Futures Prevention Coalition!



## REACH OUT

WE ARE ALWAYS HAPPY AND WILLING TO GIVE FEEDBACK AND DIRECTION TO ADULT DECISION MAKERS AND COMMUNITY GROUPS THAT ARE LOOKING TO MAKE DECISIONS THAT AFFECT TEENS!

PLEASE CONTACT US IF YOU WOULD LIKE TO PRESENT YOUR TEEN-RELATED PROJECT/PROGRAM/ACTIVITY/IDEA!!!

Teen Council meets the 1<sup>st</sup> & 3<sup>rd</sup> Wednesday of every month (September-May) at 6:15 p.m. • Meetings are open to the public

“Like us” on Facebook at [www.facebook.com/ssteencouncil](http://www.facebook.com/ssteencouncil)

### Contact the Adult Coordinators:

*Kate Warnke*

City of Steamboat Springs Teen Programs  
970-871-7054

[kwarnke@steamboatsprings.net](mailto:kwarnke@steamboatsprings.net)

*Kate Elkins*

Grand Futures of Routt County  
970-879-6188

[kate@grandfutures.org](mailto:kate@grandfutures.org)



Teen Council members hold their final product from a Colorado Meth Project prevention lesson.